



DEPARTMENT OF VETERANS AFFAIRS
Northern Arizona VA Health Care System
Prescott, Arizona 86313

January 11, 2021

Letter of Support/thank you:
Attn: Kate Hawkes

Kate, we want to say thank you and let you know how much our Veterans appreciate what you and the Performing Wellness program have done for them. As Certified Therapeutic Recreation Specialists we are very pleased and enthusiastic in regards to the Performing Wellness sessions our Veterans have had the opportunity to participate in. The program is a great benefit to the Veterans of the Domiciliary Mental Health Residential Program and we hope they will be able to continue to participate. In working with you it is clear that you care deeply about this program and it shows with your dedication and commitment.

The Veterans who participate in the programs are dealing with overwhelming disorders and symptoms that impact their quality of life. The opportunity to participate in Performing Wellness provides an unconventional treatment method for those dealing with mental and behavioral health issues as well as substance abuse disorders. We've seen the Veterans who participate in the program use communication, problem solving and creative thinking to help overcome some of these issues. The Veterans who have participated in the sessions have reported having fun, feeling more confident and stronger both mentally and emotionally. On behalf of the Veterans we want to express their gratitude for the opportunities you've helped provide.

We are in support of continuing such programs and are excited to hear about the possibility of extending services. These programming elements correspond to the mission and objective of the NAVAHCS Domiciliary. We completely understand and appreciate that funding is important and critical to meet these continuing and extending services.

Over the past year we've continued to see a notable positive change in our Veterans after the Performing Wellness Sessions. Although all of us continue to experience unprecedented circumstances we've worked together to continue to provide this program either in person or via video connect. We hope this letter can be used as a support letter to help with funding current and future programs. As well as a small sample of how your program is benefiting the Veterans participants. We are excited to continue working with you and look forward to the possibilities of upcoming Performing Wellness sessions. We hope you understand how much of a positive impact this has on our Veterans. Some of our Veterans have referred to this as a life changer. These services could not be provided to a more deserving group of individuals.

Thank you so very much for all you do!

Sincerely,

